



December 2019

Mountain Villa School
Lunch

Lunch Price List Student Lunch: \$3.00 Reduced Lunch: \$0.40 Adult Lunch: \$3.70

MONDAY **TUESDAY** **WEDNESDAY** **THURSDAY** **FRIDAY**

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| <p>2</p> <ul style="list-style-type: none"> Meatless Monday Italian Sampler with Breaded Ravioli, Mozzarella Sticks with Marinara Sauce Italian Green Beans | <p>3</p> <ul style="list-style-type: none"> New Menu Item Hot Dog Sliders BBQ Baked Beans Country Slaw | <p>4</p> <ul style="list-style-type: none"> Scoop A Bowl with Taco Meat, Shredded Cheddar Cheese, Lettuce, Tomatoes and Salsa Southwestern/Fiesta Corn Fiesta Rice & Beans | <p>5</p> <ul style="list-style-type: none"> National Comfort Food Day Crunchy Chicken Bites Baked Creamy Mac & Cheese Peas & Carrots Mini Corn Bread Loaf | <p>6</p> <ul style="list-style-type: none"> Bella's Pizza 🍷 Freshly Prepared Spring Mix Salad |
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| <p>9</p> <ul style="list-style-type: none"> Meatball Parm Hero Cucumber & Tomato Salad | <p>10</p> <ul style="list-style-type: none"> Crispy Chicken on a Biscuit Sweet Potato Waffle Fries | <p>11</p> <ul style="list-style-type: none"> Hamburger or Cheeseburger on a Bun Oven Baked Fries Steamed Peas | <p>12</p> <ul style="list-style-type: none"> Sweet & Sour Chicken Steamed Rice Stir-Fry Vegetables Fortune Cookie | <p>13</p> <ul style="list-style-type: none"> French Bread Pizza 🍷 Freshly Prepared Caesar Salad |
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| <p>16</p> <ul style="list-style-type: none"> Meatless Monday Creamy Mac & Cheese Steamed Green Beans Dinner Roll | <p>17</p> <ul style="list-style-type: none"> Grilled Chicken Ranch Club Wrap Emoji Fries ☺ | <p>18</p> <ul style="list-style-type: none"> Hamburger or Cheeseburger on a Bun Lettuce & Tomato Pickle Chips Baked Fries | <p>19</p> <ul style="list-style-type: none"> Pancakes 🥞 Breakfast Sausages Hash Browns | <p>20</p> <ul style="list-style-type: none"> Stuffed Crust Pizza 🍷 Freshly Prepared Garden Salad |
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Maschio's Swap-Outs Available Daily: Chicken Patty on a Bun , Muffin Meal , Cereal Meal , Bagel Bag & Yogurt Meal

All Meals Served All Meals are Served with the Vegetable of the Day and/or a Selection from Mac's Veggie Patch, Assorted Fresh or Chilled Fruit of the Day, and Low Fat Milk Choice.

Nutrition Info K-5 Our well-balanced lunches available for the week, average between 550-650 calories with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Nutrition Info K-8 Our well-balanced lunches available for the week, average between 600-650 calories, with less than 10% of total calories from saturated fat and 0 grams of trans fat!

Menus are Subject to Change The nutrient information is based on the manufacturer's food labels and may be subject to change without warning. For Carbohydrate Counts for food items, please visit www.maschiofood.com for the most up to date Carbohydrate Count List of Common Foods. This list is updated on a monthly basis and as needed. Carbohydrate Counts for items are based on Nutrikids Analysis of Maschio's Recipes and may vary based on product availability. These calculations are not intended for medical use.

EOE Statement Maschio's Food Services, Inc. is an Equal Opportunity Employer.

More Details: allamuchy.nutrislice.com/menu/mountain-villa-school/lunch/

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